# A Destination full of surprises!



#### Municipality of Loutraki, Perachora, Agioi Theodoroi

The Municipality of Loutraki, Perachora, Agioi Theodoroi is located in the entrance of the Peloponnese Region, 80 km away from the capital city of Greece, Athens. The Municipality spans over 293,23 km<sup>2</sup> and has a population of 20,040 inhabitants.

Loutraki, the Seat of the Municipality is a seaside spa city resort on the Corinthian Gulf, acclaimed for its healing thermal waters since antiquity.

Agioi Theodoroi is a coastal town of unique beauty that overlook the Saronic Gulf, distinguished for its history and its natural beauties.

Perachora is a picturesque village with prominent history and culture on the slopes of the Gerania Mountains overlooking the Corinthian Gulf.





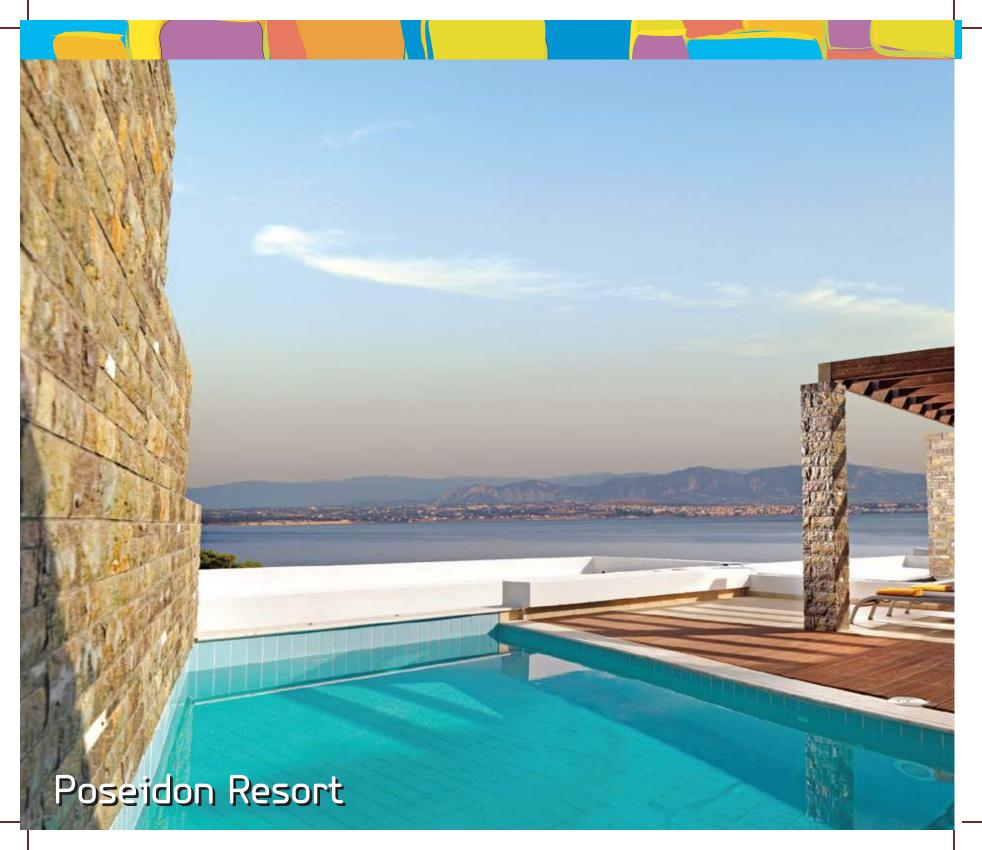
# Loutraki | A Destination full of surprises

Between the glorious past and the much promising future, the present reveals a heaven-like destination, ideal for tourism on a year-round basis!

Loutraki comprises all the elements that collectively offer tourists an integrated visit, full of inspiring experiences.

The unique combination of the climatic conditions and the rare natural environment found in Loutraki, constitute a haven that provides limitless opportunities for summer and winter breaks.

In a city that is so inviting, visitors will be pleasantly surprised to unveil a destination that exceeds their expectations.



# Indulging in Luxury | Top quality accommodation

Loutraki offers a wide range of top quality accommodation facilities. Immerse into luxurious amenities by staying in one of Loutraki's five star deluxe hotels and relish an upscale experience.

Affordable luxury can be found almost everywhere in Loutraki, with a variety of hotel types available, business hotels, beach hotels, boutique hotels, bed and breakfast and budget hotels.

Tailor your vacation according to your needs by renting a self-catering apartment or studio. Enjoy nature to the fullest by staying in a camp site.







#### Exploring History | Ancient Monuments & Landmarks

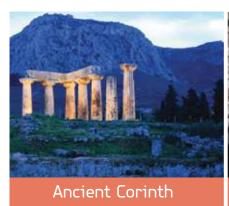
Thermae is the ancient name of Loutraki derived from goddess "Thermia Artemis", the protector goddess of therapeutic mineral waters.

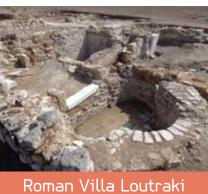
The famous Corinth Canal is the absolute landmark of our Municipality which separates the Peloponnese from mainland Greece and connects the Gulf of Corinth with the Saronic Gulf. The Corinth Canal, though only completed in the late 19th century, was an idea and dream that's dates back over 2000 thousand years. Several rulers in antiquity dreamed of digging a cutting through the Isthmus. The first to propose such an undertaking was the tyrant Periander in the 7th century BC. However the technical capabilities in ancient times made his idea impossible to implement. Instead, he developed the "Diolkos", which served the purpose of carrying ships in a wheeled vehicle and transferred them from one side to the other.

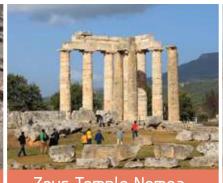
The remnants of the Ancient Diolkos still remain intact in the area.

The Heraion of Perachora was a sanctuary dedicated to the goddess Hera, situated in a small cove of the Corinthian gulf at the end of the Perachora peninsula. In addition to a temple of Hera which is of unusual construction, the remains of a number of other structures have also been found, including a L-shaped stoa, a large cistern, dining rooms, and a second potential temple remnants.

Historical revelations continue in Aq. Theodoroi in the ruins of Ancient Krommyon, associated in mythology with Theseus, who killed Phaea, the monstrous wild sow, there on his way from Troezen to Athens.









Zeus Temple Nemea



# Chasing the Sun | Touring & Sightseeing

Touring and sightseeing in Loutraki and the wider area is a constant chase of the sun! Idyllic locations, unique attractions, extreme adventures, incomparable venues and fun activities are part of the daily touring schedule.

#### The Dreamland of beaches

The busy cosmopolitan "Blue Flag" awarded beach of Loutraki with its endless lacy coastline, is always full of life and people. Cafes, beach-bars and restaurants spread all along the seaside area. Indulge in the summer spirit and enjoy your refreshing drink or coffee in a sunbed by the sea. Another "Blue Flag" awarded beach, Pefkakia, is one of the most popular beaches in the Agioi Theodoroi area. It's a pinu, coastal zone all along the entrance of the city that offers a totally awesome view to the Saronic Gulf. The beach experience goes much further in the

Municipality of Loutraki, Perachora, Agioi Theodoroi.

Heraion Lagoon, Flabouro, Krifi and the virgin northern beaches, Mylokopi, Skalosia, Strava are only a few of the hidden paradises open for exploration. The uniqueness of each one of the beaches and the unparalleled beauty of their scenery have famed this place as the dreamland of beaches.

#### Touring the wider area

Itineraries spread from Schinos seafront village to the Heraion lighthouse and the crossing of the Corinth Canal by boat. Visit the Sousaki extinct volcano and the old train station designed by Ernst Ziller in Agioi Theodoroi.

*In close distance to the city:* 

- the Ancient Corinth archaeological site with the Temple of God Apollo and the museum
- ▶ the Epidaurus Ancient Theatre
- the Mycenean
- ▶ Nemea Temple of Zeus and Ancient Stadium









Loutraki Thermal Springs



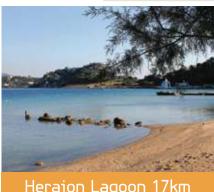


#### Loutraki

It is located 4 km from the Corinth canal and 80 km away from Athens.

#### Tourist Attractions

Loutraki, Delphi, Athens (Acropolis), Corinth, Olympia, Sounio, Nafplio, Mycenae, Epidavrus, Thiva



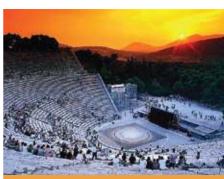
Heraion Lagoon 17km



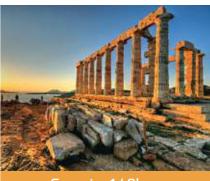
Ancient Corinth 20km



Mycenae 52km









Ancient Olympia 169km



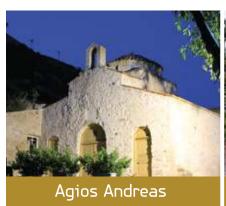
Delphi 202km

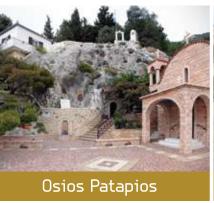


## Searching the Sacred | The Spiritual Experience

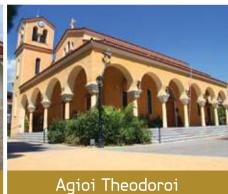
In the sanctified atmosphere of Loutraki and the wider area you will experience a religious and spiritual retreat. Ancient temples like the Heraion temple in Heraion Lagoon and the Apollo temple in Ancient Corinth. The monasteries of Osios Patapios, Profitis Ilias and Agios Gerasimos lay on the Gerania slopes offering breathtaking views to the Corinthian Gulf. The Church of Our Lady of Prathi, also on the Gerania Mountains, is one of the oldest churches in Peloponnesus, surrounded by pine trees.

The churches of Panagia Giatrissa, Agios Ioannis, Agios Fanourios and the Byzantine church of St. Andreas are all located in the city of Loutraki. The church of Agioi Theodoroi is a post byzantine from which the name of the city derived. Many other churches are worth visiting in the area including, the Agia Paraskevi church on Pissia village, Taxiarches Church on Perachora, Agios Georgios on Heraion sanctuary and Agios Nikolaos on the Heraion Lagoon.











Acropolis Rally 2015

# Teaming with excitement | The City of Sports

Loutraki is an acclaimed sports tourism destination since the combination of the ideal climate conditions year-round and the state-of-the-art sports facilities and infrastructure in the area provide the ideal environment for both professional and amateur athletes. More than 30.000 athletes have participated in championships & events in Loutraki as the city has organized with unrivalled success many major International, European and Mediterranean Sports championships and tournaments.

#### Venues:

- ▶ Loutraki Swimming Centre
- ▶ Loutraki Indoor Hall "G. GALANOPOULOS"
- ▶ Loutraki Stadium "CHRISTOS THODIS"
- ▶ Agioi Theodoroi Indoor Hall
- Sportcamp facilities

#### Sports Events:

- ▶ Global World Senior Volleyball Cup
- ▶ Triathlon1 Hellenic Championship & Mediterranean Cup
- ▶ Athlos + Energeia Semimarathon Race
- ▶ Swim the Canal
- ▶ Corinth Canal Paddle Crossing
- ▶ LV Open Water Swimming Race
- ▶ Geraneia Mountain Race
- ▶ Loutraki ETU Triathlon European Cup & Mediterranean Championship
- ▶ Acropolis Rally ERC & WRC
- ▶ Wako Kickboxing European Championship Loutraki And many more...



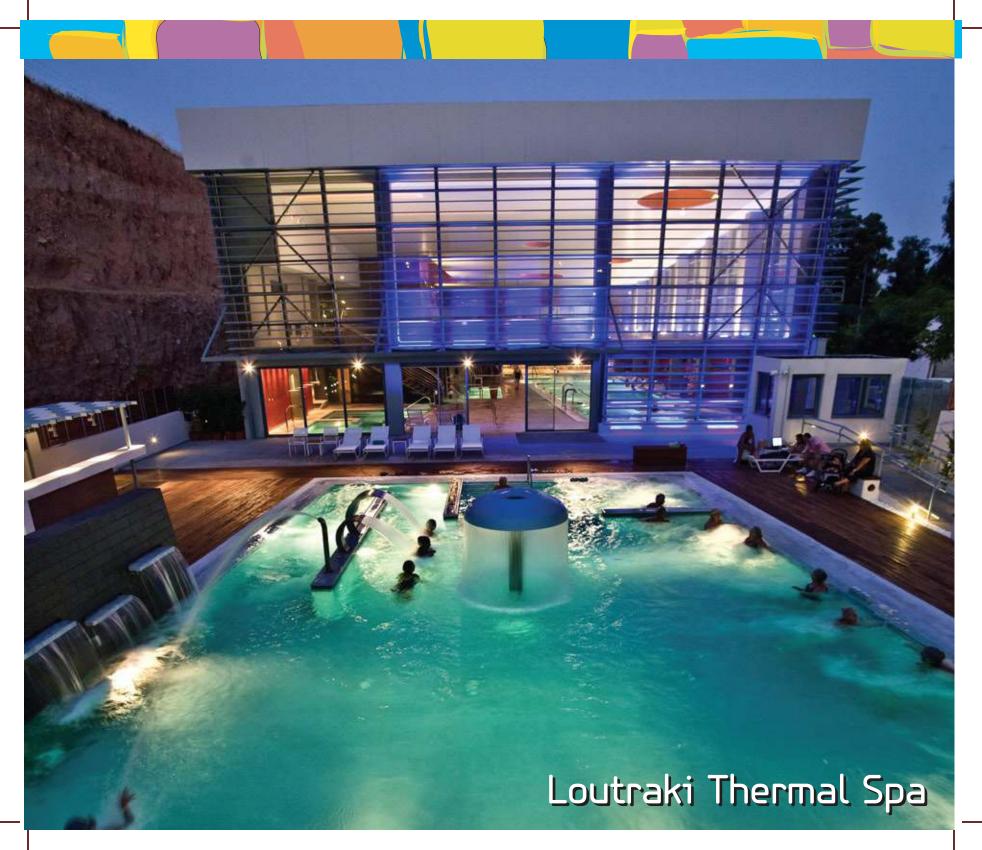












## Revitalizing Wellness | Natural Thermal Spa & Balneology

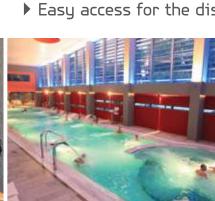
The water derived from the Loutraki natural thermal springs was characterized as "The Water of Life" since antiquity. The geothermal springs derive from many faults of the coastal area in a 750 -m-wide zone. The natural spring hot waters, at the bottom of Mount Geraneia, are discharged from a great mineral depth. During its journey towards the surface, the pure spring water is being filtered through porous layers and it is so greatly enriched with precious trace elements, salts and minerals, that its healing properties make it a very strong health ally.

The modern Loutraki Thermal Spa is an impressive establishment where visitors enjoy balneology, spa treatments and wellness sessions in a luxurious environment.











▶ 2 indoor heated swimming pools with waterfalls and jet hydro massaging (underwater massage) 201m2 and 40m2 respectively

▶ 1 indoor cool water swimming pool 20m2 for post-traumatic rehabilitation

The facilities of Loutraki Thermal Spa include:

- ▶ 1 outdoor swimming pool with a mushroom shaped waterfall and waterfalls for hydro massage 161m2
- ▶ 2 individual cabins with hydrotherapy bathtubs and the bathtub Caracalla with multiple sprinklers
- ▶ 3 double cabins with hydrotherapy bathtubs
- ▶ 2 Sauna and 2 Steam Bath / Hamam
- Private massage cabins, Beauty and Aesthetics Halls
- ▶ 2 facilities for silt therapy
- Fitness Club and Yoga Room
- Cafeteria and Specious reception and rest areas
- Easy access for the disabled



#### Travelling for Business | Conferences & Incentives

Loutraki is a renowned destination for Meetings, Conferences & Incentives due to its central position in Greece and its proximity to Athens. The high-end meeting facilities available in the area contribute to a substantial raise in business travel. Corporate meetings, International congresses and conventions, Association meetings and exhibitions, Employee performance rewarding or team bonding events are organized with absolute success and professionalism in the citu's conference facilities.

Local Destination Management Companies with expertise in event planning will handle all the details and boost your conference.













# Entertaining Games | Casino Nights

Casino Loutraki is one of the most reputed and distinguished gaming halls throughout Europe, featuring inside its premises 87 gaming tables, 1.000 ultra-modern slot machines and a VIP room. Furthermore, the private and luxurious VVIP hall "THOLOS" is available for Greek and international jet setters.

The sophisticated style of Club Hotel Casino Loutraki combined with the impeccable quality of services and the numerous entertainment options proclaimed it a cornerstone for visitors and players that seek unique and prestigious experiences. The Casino operates 24 hours a day.













# Having Fun | A Clockwise festival

A city full of life all day around! In Loutraki visitors will discover unlimited options for fun and entertainment that suit all tastes. In almost every corner of the city, cafes, restaurants and taverns blend their aromas and flavors in a spicing mixture. The crystal clear blue sea and beach of Loutraki, awarded with the "Blue Flag" continually since 1987, and the Ag. Theodoroi beach that has a span of 1,5 km are both ideal for swimming, having fun and relaxing all day long. Art and culture enthusiasts will always find an event that attracts them, from theatre to live concerts, street shows, open book fairs, cinema and dancing. In the evening, the city is mesmerizing and inviting!

Enjoy romantic views of the Corinthian gulf as you dine by the sea and walk along the promenade as the sun is setting. At night, you will discover that the city never sleeps! The vibrant nightlife with numerous seaside bars and clubs will enchant you till the break of dawn.

















Scan & visit our web site through your smart phone

#### Loutraki by visitloutraki.com







Facebook
@VisitLoutraki



**Twitter**@VisitLoutraki



Instagram @VisitLoutraki



Pinterest
@VisitLoutraki

Loutraki
Tourism
Organization
(L.T.O.)



«Alexandreio» Convention Centre of Loutraki, 0.5km Isthmos - Loutraki Nat. Rd. P.O. Box: 243, Loutraki 20300, Greece, T. +30 27440 68136, F. +30 27440 69153

E. info@lto.org.gr, www.visitloutraki.com